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URBAN DISTRICT OF LLANRWST

HEALTH
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ANNUAL

HEALTH REPORT

1968

Medical Officer of Health - M. JONES ROBERTS, M.B., Ch.B., D.P.H.

Part-time Clerical Assistant - MRS. I. F. QUA, Western No. 2 District County Council Clinic, Mount Street, Ruthin. Tel. No. Ruthin 2361

Public Health Inspector - E. E. JONES, P.H.I., Certified Meat and Food Inspector and Certified Smoke Inspector

Council Offices, Glanyborth, Llanrwst. Tel. No. Llanrwst 552

TO THE CHAIRMAN AND MEMBERS OF THE

LLANRWST URBAN DISTRICT COUNCIL

Mr. Chairman and Councillors,

The Public Health Inspector and I have pleasure in presenting our report on the health of the Urban District for the year 1968.

We wish to thank you, Mr. Chairman, the Chairmen of committees and members of the Council for the assistance given to us during the year. We would also like to thank the officials and members of the staff for their assistance whenever asked for.

Yours faithfully,

M. JONES ROBERTS

Medical Officer of Health

The Chairmen of the Council and Committees during the year were as follows:

Chairman of the Council - Councillor William Thomas, J.P.

Chairman of the Health Committee - Councillor Llewelyn Phillips.

Chairman of the Housing Committee - Councillor Captain E. D. Priddle-Higson, J.P.

GENERAL STATISTICS OF THE URBAN DISTRICT

Area of the District ..... 1,321 acres.

Registrar General's estimated population (mid 1968) 2,570

Number of inhabited houses 854

Rateable value £79957

Sum represented by a penny rate £300

The estimated population of the Urban District in 1968 was 2,570 compared with 2540 in 1967, an increase of 30.

The number of inhabited houses was 854 in 1968, compared with 840 in 1967.

DEATHS

Comparability Factor 0.71

	England and Wales 1968	Llanrwst U. D. C 1967	1968
Crude Death Rate (per 1000 population)	11.9	14.2	14.4
Corrected death rate (per 1000 population)		11.6	10.2
Stillbirth rate (per 1000 total live and still births)	14	21.3	NIL
Maternal Mortality Rate	0.24	NIL	NIL
Infant Mortality Rate (per 1000 total live births)	18	NIL	47
Neo-natal Mortality Rate (deaths under 4 weeks per 1000 total live births)	12.3	NIL	46.5
Early Neo-Natal Mortality Rate (deaths under 1 week per 1000 total live births)	10.5	NIL	46.5
Perinatal Mortality Rate (stillbirths and deaths under one week combined per 1000 total live and stillbirths)	25	21.3	47

The following table shows the number of deaths which occurred during the year :-

Cause of death	Sex	Total All Ages	Under 4 weeks	45 -	55 -	65 -	75 and over
Malignant Neoplasm - Stomach	M	2	-	-	-	2	-
	F	1	-	-	1	-	-
Malignant Neoplasm - Lung and Bronchus	M	1	-	-	1	-	-
	F	-	-	-	-	-	-
Malignant Neoplasm - Breast	M	-	-	-	-	-	-
	F	4	-	-	2	-	2
Leukaemia	M	-	-	-	-	-	-
	F	1	-	-	-	1	-
Other Malignant Neoplasm, etc.	M	5	-	1	1	2	1
	F	-	-	-	-	-	-
Ischaemic Heart Disease	M	2	-	-	-	-	2
	F	5	-	-	-	1	4
Cerebrovascular Disease	M	2	-	-	-	1	1
	F	8	-	-	-	-	8
Other Diseases of Circulatory System	M	-	-	-	-	-	-
	F	1	-	-	-	-	1
Pneumonia	M	1	-	-	-	-	1
	F	-	-	-	-	-	-
Bronchitis and Emphysema	M	1	-	-	-	-	1
	F	1	-	-	-	-	1
Birth Injury, Difficult Labour, etc.	M	2	2	-	-	-	-
	F	-	-	-	-	-	-
TOTAL ALL CAUSES:	M	16	2	1	2	5	6
	F	21	-	-	3	2	16

There were 37 deaths during the year compared with 36 the previous year, giving a death rate of 10.2 compared with 11.64 in 1967, and 11.9 for England and Wales.

29 deaths occurred in persons aged 65 years and over.

14 deaths were due to malignancy. Of these 4 were due to cancer of the Breast and 1 was due to cancer of the lung.

18 deaths were caused by heart and other vascular diseases.

Pneumonia accounted for 1 death and there were 2 deaths due to Bronchitis, all occurring in people aged 75 years and over.

There were no deaths due to motor vehicle accidents or accidents in the home.

Infant Deaths

There were 2 infant deaths compared with nil last year giving an Infant Mortality Rate of 47 compared with nil last year and 18 for England and Wales.

Both deaths occurred in hospital and were males aged 2 days and 1 day. Cause of death in one was prematurity and atelectasis and in the other prematurity and respiratory distress. Both deaths appear to have been unavoidable.

Still-Births.

There were no still births this year compared with 1 last year, giving a Still-Birth Rate of Nil compared with 21.3 last year and 14 for England and Wales.

Maternal Mortality.

There were no maternal deaths, giving a Maternal Mortality Rate again of Nil compared with 0.24 for England and Wales.

BIRTHS.

Comparability Factor: 1.20

Number of births relating to residents: 43

There are no Maternity Hospitals in the Llanrwst area and mothers are admitted to Maternity Homes and Hospitals outside the area for their confinement. No births occurred in the actual area.

The births were classified as follows:-

	Males	Females	Total
Legitimate	21	19	40
Illegitimate	2	1	3
Still-births	-	-	-
	23	20	43

	England and Wales 1968	Llanrwst Urban 1967	Llanrwst Urban 1968
Crude Birth Rate (per 1,000 population)	16.9	18.1	16.7
Corrected Birth Rate (per 1,000 population)		21.7	20

INFECTIOUS DISEASES

The following table shows the number of cases of infectious diseases in the various age groups notified during 1968. The number notified during 1967 is given in the first column for comparison.

Notifiable Diseases	total 1967	total 1968	Under 1 yr.	1 - 5 years	6-15 years	16-25 years	26-45 years	46-65 years	Age unknown
Scarlet Fever	-	2	-	-	2	-	-	-	-
Dysentery	-	23	-	13	8	-	1	-	1
Measles	107	12	2	9	1	-	-	-	-
Food Poisoning	-	6	1	3	1	-	1	-	-
Infective Jaundice	-	1	-	-	1	-	-	-	-
Pulmonary T.B.	2	2	-	-	-	-	-	2	-
Totals:	109	46	3	25	13	-	2	2	1

The total number of infectious diseases notified was 46 compared with 109 the previous year.

Only 12 cases of measles were notified compared with 107 the previous year.

2 cases of scarlet fever were notified compared with nil in 1967.

There were 6 cases of food poisoning notified compared with nil the previous year. One case occurred in a child who had been infected when returning home from holiday. The cause of this was salmonella panama and she took two months to clear up. Family contacts remained clear.

5 cases were due to salmonella newport and were connected with another case in an adjoining area. All cases took several weeks to become clear of infection. Family contacts were followed up by constant bacteriological examination and all proved negative.

There was a case of salmonella typhimurium which occurred in a child when she was residing in another area. Although this occurred during August, she is still excreting the organism at the end of the year.

23 cases of dysentery were notified. In 1 case, the child had come to the area for a holiday and was taken ill as soon as she arrived and only remained here in isolation for a few days. The other 22 were mostly children and the epidemic was connected with cases notified in the surrounding district. All had some contact with the infants' school. Family contacts were followed up by bacteriological examination and 7 were found to be excreting sonnei dysentery. All cases have taken a very long time to clear and at the end of the year 12 cases and 1 contact were still excreting the organism.

There was one case of infective jaundice which occurred in a school child. This disease was made generally notifiable in June 1968.

Brucella.

No cases were reported in the area.

Anthrax.

No cases were reported in animals in the area.

Tuberculosis

Two new cases of pulmonary tuberculosis were notified and added to the register compared with 2 the previous year. One case of non-pulmonary tuberculosis was removed, the patient having been cured.

The number on the tuberculosis register is as follows:-

	Pulmonary		Non-Pulmonary		
	Males	Females	Males	Females	Total
Number on register on 1st January 1968	9	3	2	3	17
Number on register on 31st December 1968	10	4	1	3	18

PREVENTION OF INFECTIOUS DISEASES

The following shows the number protected by prophylactic measures:-

	Primary	Booster
Diphtheria	56	56
Whooping Cough	45	6
Tetanus	82	81
Poliomyelitis (Sabin vaccine)	54	47
Measles	5	
Smallpox	30	6 (re-vaccination)

Tuberculosis, B.C.G. Vaccination.

The number of senior school children tested and given B.C.G. vaccination are as follows:-

	Llanrwst Comprehensive School
Number of children tested:	186
Number of children found to be positive:	12
Number of children found to be negative and given B.C.G.	145

Those children found to be positive were followed up by examination at the nearest chest clinic. Family contacts were also seen and referred for examination.

The Mass Radiograph Unit did not visit the area during the year.

SANITARY CIRCUMSTANCES OF THE AREA

SEWERAGE

The construction of the new Sewage Disposal Works at Plas-yn-Dre occupying approximately 2.7 acres of land, was completed and put into operation in June.

The Scheme is designed to deal with a population of 3,000. The site is above flood level with road access from Plas-yn-Dre Farm in Station Road.

Pumping capacity is sufficient to discharge 6 times the dry weather sewage flow to the treatment works, and diluted storm water in excess of this is allowed to overflow above flood level to the River Conway.

The treatment works include upward flow type settlement tanks with power driven scrapers for the removal of accumulated sludge. There are two revolving filter beds, and two upward flow humus tanks with power driven scrapers. After treatment the effluent is discharged into the River Conway. Sludge treatment is carried out in 15 drying beds before disposal on the refuse tip when it is covered with soil.

28 samples of sewage were taken for chemical analyses. These were taken at various stages of treatment and were generally found to be satisfactory the resulting final effluents complying with the general standard of the Royal Commission.

WATER SUPPLY

The water supply to the town is controlled and administered by the West Denbighshire and West Flintshire Water Board. Water is obtained from Crafnant Lake in Caernarvonshire and Llyn Conwy in Denbighshire. It is chlorinated both at Cae Crwn, Crafnant, Trefriw, and at Llyn Conwy, and has been satisfactory during the year both in quantity and quality.

Number of Dwelling Houses in urban area 854

Number supplied from public water mains 846

Population supplied direct to houses 2540

Population supplied direct to houses by stand pipes 14

The following information was supplied by the Water Board:-

Forty six samples of water from the public mains were submitted for bacteriological examination and reported as follows by the Public Bacteriologist.

Class 1	23
" 2	14
" 3	3
" 4	6

Weekly sampling of water from the Break Pressure Tank commenced in August. One sample only (Class 3) was unsatisfactory. Sampling of raw water was discontinued beginning of July.

One sample of water was submitted for chemical analysis and reported as satisfactory.

SCAVENGING AND REFUSE DISPOSAL

The collection of refuse is carried out by means of one 'Karrier' Bantam low loading metal covered vehicle. A weekly collection is maintained throughout the urban area.

The refuse is disposed of at Plas-yn-Dre fields and is controlled by depositing layers of soil on the tip surface. This work is done approximately every three days by means of a Ferguson tractor with high lift loading shovel. No complaint was received during the year. The total cost of the refuse collection and disposal for the financial year ended 31st March 1968 was £3415.

Further consideration was given during the year to the necessity of providing alternative land to Plas-yn-Dre fields for the purpose of domestic refuse tipping. This land is gradually being filled, and the Council have approached the neighbouring Nant Conway Rural District Council regarding the use of the Dolgarrog tip.

THE INSPECTION AND SUPERVISION OF FOOD SUPPLIES

Food Hygiene (General) Regulations 1960

Inspection of food premises is regularly carried out in accordance with the above regulations. Most premises are kept reasonably clean and satisfactory. There are three school canteens and kitchens in the town, all very well conducted and a high standard of hygiene is maintained by the staff.

The details of food premises subject to the regulations are as follows:-

Premises	No.	No. fitted to comply with Regulation 16	No. to which Regulation 19 applies	No. fitted to comply with Reg. 19	No. of Inspections
Butchers Shops	5	5	5	5	51
Fishmongers	2	2	2	2	16
Dairies/Milk Bars	2	2	2	2	8
Fruiterers	6	4	4	4	16
Cafes	3	3	4	3	29
Public Houses	5	3	5	3	12
Hotels	4	3	4	3	18
Bakehouses	2	2	2	2	10
School Canteens	3	3	3	3	12
Grocers	11	9	10	9	46

Unsound Food Surrendered or Condemned

		Weight Cwts.	Lbs.
1.	Meat at Slaughterhouse	1	24
2.	Meat at Wholesale Premises	-	-
3.	Meat at Retail Shops	-	91
4.	Cooked meat and meat products	-	31
5.	Canned Meats	-	66
6.	Other canned foods	-	21
7.	Fish (fresh)	-	22
8.	Fruits and vegetables (fresh)	1	3
9.	Other foods	1	14
		5	48

The method of disposal of condemned food is by burial and burning.

Foreign Matter and Mould

No case was dealt with during the year.

Food Sampling.

Food sampling under the Food and Drugs Act, 1955, is carried out by Mr. Hugh Owens, Chief Inspector, County of Denbigh, and we are grateful to him for the following report.

Article	No. taken	Genuine	Not Genuine, or Sub-standard.
MILK	9	9	-
Butter	2	2	-
Cheese Spread	1	1	-
Ice Cream	1	1	-
Soft Drink	1	1	-
Beer	1	1	-
Throat Pastiles	1	1	-
TOTAL	16	16	-

In addition to the usual tests of quality four samples of milk were examined for the presence of antibiotics with a negative result in each case. All the other samples were certified by the Public Analyst to be genuine and free from all prohibited preservatives and colouring matter.

As you will no doubt observe, the year has been quite satisfactory and the amount of trouble small. Although stringent economy measures will prevail during the next financial year, this should in no way effect the sampling programme.

Two particular features worth commenting on are the new medicines Act and the publication of the Analysts report on pesticidal residues. As yet I have not had much time to study the new Act, but it would appear that much more stringent provisions will be made with regard to medicines and drugs generally. The pesticidal residue report is published by the association of Public Analysts 325 Kennington Road, London S.E. 11, and deals with the first 12 months of the joint scheme which has been in operation throughout England and Wales.

SLAUGHTERHOUSES

There is one private slaughterhouse in the urban area and licensed by the Council.

This is well kept, clean and in a sanitary condition.

All meat is inspected and stamped according to the Meat Regulations, 1963. There has been 100% Meat Inspection.

Reciprocal arrangements are also made for the Public Health Inspector of Hiraethog R. D. C. to inspect meat in the absence of the Council's Inspector and vice versa.

The animals are slaughtered and inspected between 8.30 a.m. to 6.0 p.m. on Mondays, Tuesdays, Wednesdays and Thursdays. Slaughtering outside these times is notified separately by the butchers. There is no Sunday slaughtering. There is good co-operation between the butchers and the Council in an effort to keep within the scheduled times of slaughtering.

There are no poultry slaughtering establishments in the area. A general oversight inspection of poultry is kept in the shops.

Details of the amount of slaughtering and throughput are submitted below:-

Carcases and Offal inspected and condemned in whole or in part

	Cattle excluding Cows	Cows	Calves	Sheep and Lambs	Pigs
Number killed (if known)	64	1	NIL	1375	138
Number inspected	64	1	NIL	1375	138
All diseases except Tuberculosis and Cysticerci					
Whole carcases condemned	NIL	NIL	NIL	NIL	NIL
Carcases of which some part or organ was condemned	4	-	-	7	2
Percentage of the number inspected affected with disease other than tuberculosis and cysticerci	6.2%	NIL	NIL	0.5%	1.4%
Tuberculosis only					
Whole carcases condemned	NIL	NIL	NIL	NIL	NIL
Carcases of which some part or organ was condemned	NIL	NIL	NIL	NIL	NIL
Percentage of the number inspected affected with tuberculosis	NIL	NIL	NIL	NIL	NIL
Cysticerosis					
Carcases of which some part or organ was condemned	NIL	NIL	NIL	NIL	NIL
Carcases submitted to treatment by refrigeration	NIL	NIL	NIL	NIL	NIL
Generalised and totally condemned	NIL	NIL	NIL	NIL	NIL

Details of Meat Condemned

Beef

		lb.
(a)	Complete carcases	NIL
(b)	Part carcases and organs	94
	OXEN Localised tuberculosis	NIL
4 parts	OXEN Other diseases	94

Pork

(a)	Complete carcases	NIL
(b)	Part cases and organs	23
	Part Localised tuberculosis	NIL
2	Parts Other diseases	23

Veal

(a)	Complete carcases	NIL
(b)	Part carcases and organs	NIL
	Complete carcases	NIL

Mutton and Lamb

(a)	Complete carcases	NIL
(b)	7 Part cases and organs	19

TOTAL WEIGHT OF MEAT CONDEMNED - 1 cwt. 24 lbs.

PREVENTION OF CRUELTY REGULATIONS

There were no contraventions.

Offensive Trades

Premises established as Offensive Trades at the end of 1968.

Fellmonger 1

The premises are satisfactorily conducted.

There is also one fried fish shop which is satisfactorily conducted. No action had to be taken.

CLEAN AIR ACT 1956

No action was necessary under the above Act.

RODENT CONTROL

Infestations of rats and mice in the district were generally of a minor nature. The sewers and refuse tip are subject to constant supervision.

Sewer manholes test baited	110
Sewer manholes poison treated	46
Treatments carried out on tip	6

CAMPING

Caravan Sites and Control of Development Act 1960.

There are three caravan sites licensed within the Urban District consisting of twelve caravans. Also one caravan club site of 5 caravans. The sites are served with mains water and septic tanks. Refuse is collected weekly in the Summer.

Conditions were found to be reasonably satisfactory, except at one site where extensions to the septic tank, with additional sink, was carried out . 22 visits were made to the sites.

PUBLIC CONVENIENCES

The Public Conveniences at Plas-yn-Dre and Wellington Place are each visited three times and cleaned daily.

New public conveniences at the Recreation Ground were constructed during the year.

FACTORIES ACTS, 1937 AND 1959

The total number of factories and bakehouses in the Urban District is 36 and comprise:-

2 Bakeries and Confectioners
1 Toy Manufacturer
2 Printing Works
1 Dressmakers
1 Monumental Mason
2 Bootmakers
1 Radiator Repair Works
1 Steel Brush Manufacturers
6 Motor Workshops and Petrol Stations
1 Fellmonger
6 Joiners Workshops
1 Undertaker
1 Blacksmith
1 Gas Depot
7 Miscellaneous
1 Light Engineering Works - Printers Plant
1 Electricity Depot.

Part 1 of the Act

1 - INSPECTIONS for purposes as to health (including inspections made by Public Health Inspector).

Premises	Number on Register	Inspections	Number of Written Notices	Occupiers prosecuted
(i) Factories in which Sections 1, 2, 3, 4 & 6 are to be enforced by Local Authorities	36	31	3	-
(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority	-	-	-	-
(iii) Other premises in which Section 7 is enforced by the Local Authority (excluding out-workers' premises	-	-	-	-
TOTAL	36	31	3	-

2 - Cases in which DEFECTS were found.

Particulars	No. of cases of which defects were found				No. of cases which Prosecutions were instituted
	Found	Remedied	Referred To H.M. Inspectr.	Referred By H.M. Inspectr.	
Want of Cleanliness (S.1)	1	1	-	-	-
Overcrowding (S.2)	-	-	-	-	-
Unreasonable temperature (S.3)	-	-	-	-	-
Inadequate ventilation (S.4)	-	-	-	-	-
Ineffective drainage of floors (S.6)	-	-	-	-	-
Sanitary Conveniences (S.7)	-	-	-	-	-
(a) Insufficient	-	-	-	-	-
(b) Unsuitable or defective	2	2	-	-	-
(c) Not separate for sexes	-	-	-	-	-
(Other offences against the Act (not including offences relating to Outwork)	-	-	-	-	-
TOTAL	3	3	-	-	-

PART VIII OF THE ACT

Outworks
(Sections 110 and 111)

Nature of Work.	Section 110				Section 111	
	No. of out-workers in August list required by Sec. 110(1)(c)	No. of cases of default in sending lists to the Council	No. of prosecutions for failure to supply lists	No. of instances of work in unwholesome premises	Notices served	Prosecutions
(1)	(2)	(3)	(4)	(5)	(6)	(7)
Wearing apparel) Making etc., Cleaning and Washing						
Household linen						
Lace, lace curtains and nets						
Curtains and furniture hangings						
Furniture and upholstery						
Electro-plate						
File making						
Brass and brass articles						
Fur pulling						
Iron and Steel anchors & grapnels						
Cart gear						
Locks, Latches and keys						
Umbrellas, etc.						
Artificial flowers						
Nets, other than wire nets						
Tents						
Sacks						
Racquet and tennis balls						

PART VIII OF THE ACT (Cont.)

Outworks

(Sections 110 and 111).

Nature of Work.	Section 110				Section 111	
	No. of out-workers in August list required by Sec. 110(1)(c) (2)	No. of cases of default in sending lists to Council (3)	No. of prosecutions for failure to supply lists (4)	No. of instances of work in unwholesome premises (5)	Notice served (6)	Prosecutions (7)
Paper bags The making of boxes or other receptacles or parts thereof ~~made wholly~~ or partially, of paper						
Brush making						
Pea picking						
Feather sorting Carding, etc. of buttons etc.						
Stuffed toys						
Basket making						
Chocolates and Sweetmeats.						
Cosaques, Christmas Stockings, etc.						
Textile Weaving						
Lampshades						
TOTAL						

NIL

Offices, Shops and Railway Premises Act 1963

94 visits of all kinds were made in connection with the above Act. A summary of the inspections and analysis of contraventions is submitted below. A number of improvements were carried out during the year.

Registrations and General Inspections

Class of Premises	No. of Premises registered during the year	No. of registered premises at end of year	No. of Premises receiving a general inspection during year.
Offices	-	25	16
Retail Shops	-	48	31
Warehouses	-	4	4
Catering Establishments	-	9	9
Fuel Storage Depots	-	2	2
TOTALS	-	88	62

Analysis of Contraventions

Section	Contravention	Number found	Abated
4	Cleanliness	2	2
9	Sanitary Conveniences	1	1
10	Washing Facilities	1	1
	TOTAL	4	4

Two non fatal accidents were reported and investigated during the year.

HOUSING

There are 854 dwelling houses in the Urban Area according to the Rate Books at the 31st December 1968 and of these there are 289 Council houses.

IMPROVEMENT GRANTS

(1) Standard

	Owner/Occupier		Tenanted
	5 point	5 point	5 point
1. No. of applications received		3	1
No. approved		3	1
No. refused		-	-
2. No. of Dwellings improved		3	1
3. Amount paid in grants	-	£1103.	
4. Average grant per house	-	£221	

5. Number of Amenities provided:

(a) Fixed bath	-	5
(b) Wash hand basin	-	5
(c) Hot water supply	-	5
(d) Water closet	-	5
(e) Food store	-	5

(2) Discretionary

Number of applications received and approved	-	2
Number of applications refused	-	NIL
Number of dwellings completed	-	1
Amount paid in grants	-	£400

Improvement Areas - Housing Act 1964

None.

Rent Act 1957

Applications for certificate of disrepair - None.

SCHOOLS

The general sanitary condition of the two schools was satisfactory.

PROVISION OF HEATTH SERVICES IN THE AREA

Laboratory Service

The Public Health Laboratory at Conway carries out bacteriological examinations of water, food, etc. to detect any contamination. Milk is also examined bacteriologically and biologically for the presence of tubercle bacilli and brucella abortus.

Examination of throat swabs, blood, faeces, etc., are also carried out to detect the presence of bacteria and viruses.

Ambulance Service

The following is given for the information of the Council and the numbers refer to cases conveyed by the various ambulances and the mileage covered during the year:-

	Denbigh/ Ruthin.	Llanrwst.	Llangernyw.	Cerrig.	Totals
Number of cases conveyed					
- by ambulance	12,178	1,294	1,556	104	15,132
- sitting case cars	8,831	5,110	31	1,568	15,540
Total miles travelled					
- by ambulance	128,186	14,906	19,761	1,202	164,055
- sitting case cars	77,598	32,215	250	30,319	140,382
Number of ambulances per station	7	1	1	1 (disbanded since July 1968)	
Whether manned by voluntary or full-time personnel:	Full-time	Full-time and voluntary	Full-time and voluntary	Voluntary No ambulance at present.	
Number of sitting case cars	7	4	1	7	

Area Summary:	Number of journeys.	Number of cases.	Total mileage
Ambulances	4,874	15,132	164,055
Sitting Case Cars	2,746	15,540	140,382
Total:	7,620	30,672	304,437

Mental Health Service

This service is under the supervision of the County Medical Officer of Health. The Mental Welfare Officer for the area is Mr. B. Hughes, Civic Centre, Colwyn Bay. (Telephone number, Colwyn Bay 55271).

Othopaedic Clinic.

These clinics are held at the Drill Hall, Llanrwst, on the second and fourth Tuesday of every month, between 11 a.m. and 1 p.m. when staff from the Oswestry Orthopaedic Hospital attend.

Clinics are also held in hospitals serving the area.

Venereal Diseases Clinic.

These clinics are held as follows:-

H. M. Stanley Hospital, St. Asaph	Tuesday, 4.30 - 6.30 p.m.
War Memorial Hospital, Wrexham	Monday, 5 - 7 p.m. (males) Wednesday, 5 - 7 p.m. (females)

Chiropody Clinic.

This clinic is held at the Clinic, Watling Street, Llanrwst by appointment, Patients are referred by General Practitioners, Health Visitors and District Nurses. A charge of 2/6d per treatment is made. The number of persons who attended this clinic during the year was as follows:-

Llanrwst Clinic.

Average monthly number on register:	124
Number of sessions held at the Clinic:	92
Number of appointments for treatment:	536
Number of patients attending for treatment:	444

Free treatment was given during the year to aged persons living at Bryn Derwen Home for the Aged. The number of treatments given was as follows:-

Number of sessions held:	24
Number of appointments for treatment:	114
Number of patients attending for treatment:	113

Family Planning Clinics

Clinics are held as follows:-

Nant-y-Glyn Clinic, Colwyn Bay.	Monday, 2.30 - 3.30 p.m. Thursday, 7 - 8 p.m.
The Clinic, Fforddlas, Rhyl.	Wednesday, 7 - 9 p.m.
1 Grosvenor Road, Wrexham	Thursday, 2 - 4.30 p.m. 2nd and 4th Wednesday, 6.15 - 7.30 p.m.
The Clinic, Prestatyn	Thursday, 10 - 11 a.m.

Cervical Cytology Clinic.

Clinics are held as follows:-

1 Grosvenor Road, Wrexham.	Thursday, 5.30 - 8 p.m. (By appointment only)
Nant-y-Glyn Clinic, Colwyn Bay	Friday, 5 - 8 p.m. (By appointment only)

and also by General Practitioners.

Following frequent requests by this Council and Hiraethog Rural District Council, 4 clinic sessions were arranged at the County Clinic, Watling Street on the 18th, 21st, 25th and 28th October. 84 women requested the examination and they have all attended. Further clinics will be arranged as and when sufficient requests for examination are received. Of the women examined none were found to have cancer of the cervix.

Chest Clinic

Patients from the Urban District usually attend the chest clinics held weekly at Llandudno and Rhyl Hospitals.

Infant Welfare Clinic.

This clinic is held every Tuesday afternoon between 1.30 and 3.30 p.m. at the Clinic, Watling Street, Llanrwst, and the attendance during the year was as follows:-

Children born in 1968:	60
Children born in 1967:	81
Children born in 1966/63	147

Total attendances:	Under 1 year:	1030
	1 - 5 years:	775

These figures include babies from the rural districts who also attend the clinic.

Special transport to the clinic is provided from the Llangernyw and Capel Garmon areas as there are no convenient buses. The following shows the numbers carried during the year:-

	Number of visits.	Number carried. mothers.	babies.
From Capel Garmon and Llangernyw to Llanrwst:	3	8	12

Welfare foods are available at the Clinic every Tuesday, all day, from 10 a.m. and also on Fair Day afternoons, for the convenience of mothers from the rural district.

School Ophthalmic Clinic.

These clinics are held at the Clinic, Watling Street, Llanrwst, by appointment.

Child Guidance Clinic.

Clinics are held as follows:-

Bod Difyr, Cefn Road, Colwyn Bay.	Wednesday and Friday, By appointment.
Gatefield Clinic, Kings Mills Road, Wrexham	Thursday and Friday, By appointment.
Mercier House Clinic, Russell Rd., Rhyl	Monday, by appointment.

Dental Clinic.

During the year, the mobile dental unit included visits to the following schools. Eglwysbach infants and junior; Llanrwst infants and junior; Llanddoget infants and junior; Dyffryn Conway Comprehensive School; Capel Garmon infants and junior; Pentrevoelas infants and junior. In addition, children from the following schools were treated at Pentrevoelas:- Ty'n y Felin, Cerrigydrudion, Dinmael, Llanfihangel and Llangwm.

Previously, treatment of pupils from these schools was necessarily carried out on the premises under difficult conditions or at clinics at some distance away, which meant that the pupils concerned lost time (which would otherwise have been spent in the classroom) in travelling to and from the clinic. The use of a mobile clinic also minimizes dental officers' lost time through broken appointments, and is welcomed both by parents and teachers. Mr. Reid the Dental Officer operating the unit says 'remarks by school teaching and ancillary staff and many ratepayers who have visited the unit show, without exception, interest and enthusiasm for it'. He also expresses his appreciation of the kidness of Mrs. Wynne and the staff at Llanrwst infants school for their presentation of a collection of decorations for the walls of the unit.

Prevention of Dental Disease.

This should be the first aim of a local authority health service. In this respect, it is appropriate to note the statement which the Minister of Health made to Parliament in October 1968. He said 'fluoridated water has been supplied for some years in Anglesey, Watford and Birmingham. I am pleased to say that, since April of this year, five more fluoridation schemes have started, one in Lincolnshire, two in Warwickshire, one covering parts of Worcestershire and Warwickshire, and one covering the whole of Newcastle upon Tyne and Gateshead and parts of Northumberland and County Durham. The total population receiving fluoridated water in England and Wales now exceeds two million.

I have recently written to local health authorities urging those who have not alreadydone so to adopt this valuable preventive health measure as soon as possible.

In order to assist authorities and to demonstrate my complete faith in the efficacy and safety of fluoridation, I have abandoned the time limit attached to my offer to indemnify local health authorities and statutory water undertakings against the cost of proceedings brought on the grounds of injury to health alleged to have been caused by fluoridation. Previously the indemnity was limited to proceedings started before August 3rd 1960.'

School Health Attendant.

The School Health Attendant visited the schools for the purpose of routine testing of children's vision and hearing. Children who were found to have defective hearing and/or vision were followed up and referred to a consultant for further examination where necessary. Boys aged 10 years have a colour vision test in addition to vision tests.

The number of children tested during the year was as follows:-

	Vision Sweeps	Colour Vision Tests (Boys)	Audiometric Sweeps
Number of children tested:	-	-	116
Number of children satisfactory-		-	104
Number of defects:	-	-	12
Number for observations:	-	-	12

Speech Therapy Clinic.

The speech therapy clinic is held in Llanrwst each week and liaison is maintained with colleagues in the Health and Education Department, and with schools in the district. We are most fortunate in in the County, in having a Welsh Speech Therapist, and approximately 50% of the children have treatment in Welsh. The speech therapists are often asked to comment on the problems encountered by a child who is learning to speak in a bilingual environment. Most children acquire two or three languages quite easily, but some are a little slow in becoming fluent. They may require help, and it is often advisable to use one language for a time in order to avoid confusion.

The speech therapy clinic is well attended and parents appear to be most grateful for the advice and treatment offered.

Nursing Services.

The following are the names and addresses of the nursing staff serving the area:-

Health Visitor: Miss R. H. Jones, The Clinic, Watling Street, Llanrwst. Telephone Number Llanrwst 345

Tuberculosis Health Visitor: Miss E. Leach Jones, Bryn Glas, 25 Bodrhyddan Avenue, Rhuddlan. Telephone Number Rhuddlan 372

District Nurse: Mrs. E. M. Massey, Plas Tirion, Trefriw. Telephone Number Llanrwst 386.

Domestic Help Service

The number of cases where domestic help was provided was as follows:-

Chronic sick and aged:	2
Over 65 years of age:	8

Care of the Aged.

One or two aged people who were in need of care and attention were brought to our notice during the year, but in no case was it necessary to take action under Section 47 of the National Assistance Act. The services of the Health Visitor, District Nurses, Home Helps, Mental Welfare Officer and County Welfare Department are made available and assist the elderly to remain in their own homes.